

GUIDELINES FOR HOLY APOSTLES GREEK ORTHODOX CHURCH OF INDIANAPOLIS IN REGARDS TO THE VIRUS PROCEDURE

This list is intended to provide things for us to consider as we begin plans to restart our worship at Holy Apostles on SUNDAY, JUNE 14 .

- There is no limit under the guidelines other than social distancing of 6 feet for church attendance.
- It is safest for medically fragile and elderly individuals to continue to shelter in place and utilize remote services instead of in-person services.
- Do not attend religious services if you are not feeling well, have a fever, or have had direct contact with someone who likely has or is confirmed to have COVID-19.
- Priest, Parish Council, Acolytes, and chanter will take temperature on the day of worship.
- Until deemed unnecessary, please wear a mask. There will be some made available for your use that will be returned and cleaned. Fr. John will wear a mask while serving communion.
- All books, papers and cushions have been removed from the pews.
- Door and windows will be open, as much as possible for good ventilation. If the air condition is on please bring a coat or sweater in case of need.
- We will not pass out bulletins or anything else. Instead, prepare to provide information to the congregation through announcement or by email.
- We will ensure entrance doors will either be propped open or we will have a greeter available to open them for others.
- Hand sanitizer at entrance to the church, inside, that all use upon entry.
- Reinforce that all icons should be venerated by bowing to them with your arms crossed on their chest, and that no touching or kissing will be allowed.
- In regards to the candles, there should be someone wearing a mask a gloves handing them out so that you may light their own. Please place the candle the furthest back in the box so that the person dealing with the candles does not need to touch them during the liturgy. Suggest using a snuffer to extinguish them, or can have one person dealing with passing out the candles and one who extinguish them.
- Family members and cohabitating individuals will be allowed to sit together. This means that there will be pews that will be left empty to comply with this.
- Communion:
 - Individual paper napkins will be provided for those receiving Communion. These are NOT to be taken home. They will be put in a special (designated) container, & later burned;

- Multiple metal spoons will be used for administering Communion. They will be publicly sterilized in 190-Proof grain alcohol, rinsed, dried, and set aside. The Diskos and Chalice will also be similarly cleaned and sterilized, before and after use. The priest will publicly sanitize his hands before, during & after Liturgy, as needed;
 - Antidiron will be cut by a person wearing gloves and mask. It can either be placed in individual bags or a specific person wearing a mask and gloves can distribute it to individual in their cupped hands by dropping it in them with tongs.
- There will be a basket for offerings on the table by the front door. Offering baskets will not be passed. Continue to send your stewardship or offering to the church by mail.
 - Members will be dismissed one pew at a time with social distancing enforced, and another pew will not be moved until those who have received their antidoron have passed. This will also be the case during communion.
 - There will be no Coffee Hour following the liturgy and any meetings held.
 - Consider the use of the restroom, since it is not only used by our church. The main doors to them will be left propped open. Use your foot or arm when possible. Remember to washing your hands for 20 seconds which is how long it takes to say the Lord's Prayer.
 - The church will be wiped down at the close of the service.